



VANTAGE

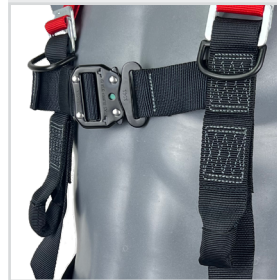
PBH04 CHECKMATE VANTAGE FOUR POINT HARNESS

TECHNICAL DATA SHEET - ISSUE 1



Our 4 point fall arrest safety harness with one rear 'dorsal' one front 'sternum' attachment point and two work positioning 'D' rings.

Lightweight, easy to don with four points of adjustment to ensure a better fit. Available with carbon steel, or plastic \ fittings, this harness is suitable for fall arrest and work restraint as well as work positioning on inclined surfaces via a rope and grab.



Attachment Points

The front soft loops and rear "D" ring are safe to connect to any EN compliant fall protection system.



Reinforced Webbing

Potential stress points are reinforced for an extra level of safety and durability.



Label Pouch

All individual harness information is kept securely inside the label pouch for easy reference and protection.



Work Positioning Belt

Padded waistbelt to allow work positioning rated to EN 358.

SCOPE OF USE

The PBH04 is designed to support the body and distribute the forces to prevent serious injury and keep the worker in a safe position ready for rescue in the event of a fall.

Certified fall arrest points are clearly marked with an A, the rear "D" should always be your primary anchorage, although front soft loop connection is permitted but is primarily for work positioning.

For fall arrest the PBH04 must only be used in conjunction with an energy absorber or load limiting device with a maximum impact force of 6kN.

The side "D" rings and belt can be used for work positioning and must not be used for fall arrest.

When used for fall arrest a predetermined rescue plan must be a part of your safe system of work.

Recommended minimum anchor strength - 12kN.



Parking Keepers

Keepers on the chest allow you to stow the spare lanyard leg safely and will break in the event of a fall.



Fall Arrest Indicator

Fall arrest indicating tabs allow the user to easily and confidently determine if the harness has been subjected to fall forces

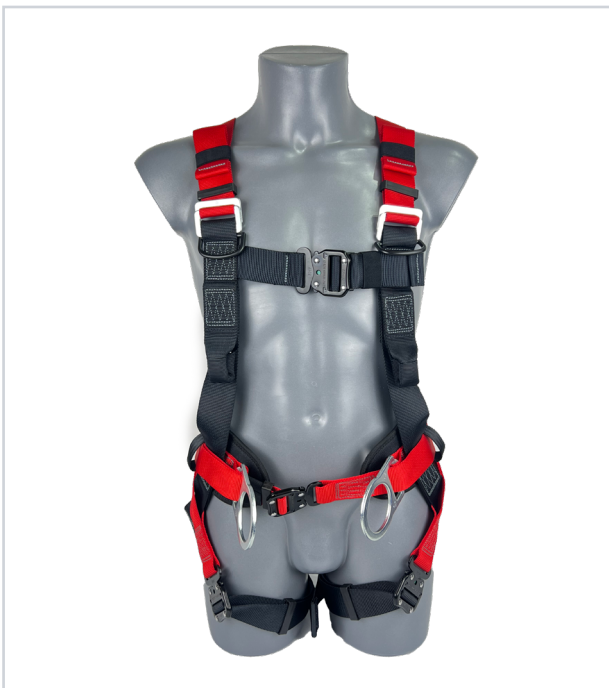


PBH04

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Prod. Code	Description	Weight
PBH04-Q-S	Standard 4 Point Harness (Quick Connect Buckles) c/w Waistbelt Small	1.4kg
PBH04-Q-ML	Standard 4 Point Harness (Quick Connect Buckles) c/w Waistbelt Medium/Large	1.4kg
PBH04-Q-XL	Standard 4 Point Harness (Quick Connect Buckles) c/w Waistbelt X Large	1.4kg
PBH04-#-++		
# Denotes quick connect -Q		
+ Denotes Size S-M/L-XL		
PBH04-Q-S = 4 Point standard harness with quick connect and in the size small.		



- **Attachment Points**

Rear D fall arrest attachment point (Dorsal) Front Soft Loops fall arrest attachment point (Sternum)

- **Work Positioning Belt**

Side D rings for work positioning

- **Fittings**

Carbon steel, zinc plated

- **User Weight**

140Kg Maximum

- **Webbing**

45mm Polyester

- **Parking keeper**

To stow your spare lanyard leg

- **4 Points Of Adjustment**

Maximum adjustment across all sizes

Standards

- EN 361:2002
- EN 358:2018